

# The Beach Market & Sandwich Shop

*Our deli offers great sandwiches, sides and summer salads, bread and baked goods from Pain D'Avignon and Iggy's Bakery.*



## Choose a Grab and Go Roll Up or a Specialty Sandwich

**THE BEACH CRUISER** Lean juicy roast beef, provolone, red onion, lettuce, tomato and horseradish sauce on multigrain bread.

**THE TANDEM** Baked chicken breast, avocado, bacon, swiss, lettuce, tomato and mayo on brioche.

**3 GEARS** Peruvian chicken thighs (marinated 24 hours) served on a ciabatta with avocado, lettuce, cilantro and tomato with a homemade adobe sauce.

**MULTI-SPEED** Grilled flank steak (marinated 24 hours) served on ciabatta with arugula, tomato, with horseradish sauce.

**VERMONTER** Black forest ham, cheddar cheese, green apple, bacon, lettuce, tomato and honey dijon mustard on multigrain bread.

**QUINOA WRAP** Bulgur wheat, English cucumber, scallions, mint, cherry tomato, lettuce, with grilled veggies or chicken, in a wrap.

**CAPE CODDER** All natural turkey breast, herb stuffing, cranberry sauce, lettuce and a little mayo, in a wrap.

**ITALIAN** Ham, Genoa salami, pepperoni, provolone, red roasted peppers, red onions, lettuce, tomato, a tasty vinaigrette or a sun-dried tomato spread on your choice of bread.

**THE UNICYCLE** Assorted seasoned grilled veggies with hummus, fresh arugula and tomatoes on ciabatta.

**THE 3 WHEELER** Prosciutto, fig spread, fontina cheese, fresh arugula on ciabatta (served Panini style)

**THE HYBRID** Assorted grilled veggies, provolone with basil mayo on a ciabatta.

### Create Your Own Masterpiece

Choose any combination of bread, meat, cheese, veggies and condiments. We will make it to perfection for you.

144 Bradford Extension - Corner of West Vine Street  
**CALL IN YOUR ORDER 508-487-4849**

## Breakfast Sandwich or Wrap

**Classic** two fried eggs, with your choice of meat and cheese on a croissant, brioche, or bagel.

**Breakfast Wrap** three scrambled eggs, with your choice of meat and cheese on a soft tortilla.

**The Kale Force Wrap** three scrambled eggs in a whole wheat wrap filled with our famous Kale Salad

**Avocado Toast** two fried eggs with avocado and arugula on multigrain or gluten free bread.

**Bagel** with cream cheese or fig spread.

**Fruit Salad** a fresh selection daily.

And featuring

**Jim's Certified Organic Coffee.**



## Homemade Sweets

Includes, but not limited to, chocolate chip cookies, brownies, carrot cupcakes, and blueberry muffins.

[beachmarketptown.com](http://beachmarketptown.com)

The Beach Market & Sandwich Shop is located at

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